**Female PRT Standards**

**FEMALES:  AGE 17 TO 19 YEARS  
  
PERFORMANCE PERFORMANCE CURL PUSH 1.5-MILE     
CATEGORY     LEVEL      UPS  UPS   RUN**  
  
OUTSTANDING  HIGH        109   51   9:29     
OUTSTANDING  MEDIUM      107   50  11:15      
OUTSTANDING  LOW         102   47  11:30      
EXCELLENT    HIGH         98   45  11:45      
EXCELLENT    MEDIUM       93   43  12:00      
EXCELLENT    LOW          90   42  12:30    
GOOD         HIGH         81   36  12:45    
GOOD         MEDIUM       71   30  13:00    
GOOD         LOW          62   24  13:30    
SATISFACTORY HIGH         59   24  14:15    
SATISFACTORY MEDIUM       54   20  14:45    
PROBATIONARY              50   19  15:00